



Learning Styles: What is yours?

STUDY SKILLS 1

Learning Styles



LEARNING INTENTION

- To find your preferred learning style

Success criteria

- To identify what kinds of learning work best for you
- To identify what kinds of learning you find difficult
- To discuss what you could experiment with to improve your revision





Learning Styles: What is yours?

LEARNING STYLES

- Some psychologists think that we all have different preferred learning styles, although most recent research suggests this is not entirely true but that you should have a mix of each “learning style”
- You should try to find out your learning style to see some of the approaches that could be good for you.
- You also need to find out how to develop your not-so-preferred learning styles so you can become a more rounded learner.





Learning Styles: What is yours?

WHAT'S YOUR LEARNING STYLE?

- Look at the statements on page 12 of your Study Skills booklet. Circle the question numbers you agree with only.
- Add them up to see what your preferred style is.

Learning styles questionnaire: score sheet

Now work out your learning style.

Only circle the number of the questions that you answered YES to:

<input checked="" type="radio"/> 4	1	2
6	<input checked="" type="radio"/> 3	5
8	9	7
<input checked="" type="radio"/> 12	11	<input checked="" type="radio"/> 10
13	14	15
17	16	19
22	18	20
24	21	23
26	25	27
30	29	28
32	33	31
34	35	36

Total circled _____

Visual/Seeing

Total circled _____

Auditory/Listening

Total circled _____

Kinaesthetic/Doing





Learning Styles: What is yours?

SO WHAT DOES THIS MEAN?

- Look at page 14 . You will see a range of strategies that work best for you.
- Now complete the Action Plan activity.

Study Skills: Learning Style Survey

SEEING - VISUAL	HEARING - AUDITORY	DOING - KINAESTHETIC
Mind sometimes strays when the teacher is talking	Talks to self aloud	In motion most of the time/fidgety
Observes, rather than talks or acts; may be quiet by nature	Outgoing by nature	Outgoing by nature; expresses emotions by physical means
Organised in approach to tasks	Whispers to self while reading, may hum or sing while working	Taps pencil or foot/fiddles with objects while studying
Likes to read	Likes to be read to	Reading is not a priority
Usually a good speller	May be particular about the exact choice of words	May find spelling difficult
Memorises by creating mental images	Memorises by steps in a sequence	Likes to solve problems by physically working through them
Thinks in pictures	Very aware of rhythm	Very good body control, good timing and reflexes
Easily put off by visual distractions	Easily distracted by noises	Is affected by touch or lack of it
Finds verbal instructions difficult	May have difficulty with written instructions	Likes physical rewards
Remembers faces	Remembers names	Remembers what they have done rather than seen/heard
Strong on first impressions	May assess people by the sound of their voice	May assess people and situations by what 'feels right'
Likes drawing and doodling, may have good handwriting	Enjoys music and the sounds of words	Enjoys handling objects
Enjoys using colour	Enjoys talking and listening	Enjoys doing activities
Notices details	Can remember - and often mimic - speech by picking up rhythm of the sentence	Likes to use gestures and touch people while talking to them
Often a quick thinker	May need time to think (ie discuss it with myself)	May need time to think (ie process the actions involved)
May focus on the 'big picture' and use advanced planning	May assess a situation on 'how it sounds' to them	Will try new things - likes to get involved

Learns best by SEEING – Visual learner

- Learns best when there is a lot of visual input
- Needs a desk which is tidy – free of visual clutter
- Remembers things by their colour, size, location
- Remembers by 'photographing' or visualising information

