

# STUDY SKILLS 3

## Study Habits



# LEARNING INTENTION

- **Study Habits and Revision Techniques**

## SUCCESS CRITERIA

- I will:
  - Reflect on my current study habits
  - Identify some techniques or strategies I might need to work on
  - Have a refresher on some common revision strategies



# TASK 1 - CURRENT STUDY HABITS

Turn to page 16 of your Study Skills Booklet.

- Read each statement and consider how it applies to you.
- If it does apply to you tick “yes”, if not tick “no”.
- The purpose is to find out about your study habits.



# TASK 2 - ANALYSIS OF YOUR STUDY HABITS RESULTS

- **Look carefully at your answers.**
  - Statements 1 and 2 relate to your Study Environment.
  - Statements 3, 4 and 5 relate to Time Management.
  - Statements 6 and 7 relate to Memory Development.
  - Statements 8 and 9 relate to Stress Management.
  - Statements 10, 11, 12 and 13 relate to Listening and Note-taking
  - Statements 14 and 15 relate to Exam Anxiety.
- **Think** - Is there anything you feel you need to work on? Write this at the bottom of page 17
- **Pair** – Join up with a partner and read out what you've written
- **Share** – Tell your group what your partner needs to work on

