



LEARNING TOGETHER

WORKING TOGETHER

SUCCESSING TOGETHER



KSS Parent Support Group

For S1-S2 Parents/Carers



Working in partnership with Glasgow Health and Social Care's Central Parenting Team, we are delighted to offer a series of four workshops to all parents/carers of young people in S1 or S2 at Knightswood Secondary School.

These group sessions are for common issues that arise for parents/carers when raising teenagers. In a relaxed group setting, you will be given tips and suggestions for dealing with challenging teenager behaviours. Workshops are as follows:

Workshop Title	Date	Time
1. Getting teenagers to cooperate	Monday 15 th May	9.30am – 11.30am
2. Coping with teenagers' emotions	Monday 22 nd May	9.30am – 11.30am
3. Building teenagers' survival skills	Monday 5 th June	9.30am – 11.30am
4. Reducing family conflict	Monday 12 th June	9.30am – 11.30am

Please sign-up by completing the form on the link below:

<https://forms.office.com/e/gnvPXTHEtv>

All welcome!



RESPECT

HONESTY

FRIENDSHIP

EMPOWERMENT

HAPPINESS