Glasgow City
Youth Health Service

A Confidential* Holistic Service
For young people 12-19 years
Evening service in 5 Venues across Glasgow
Additional wrap around support and care

Anxiety, Exam Stress  Alcohol / Drug Misuse
Low Mood          Weight
Employability Support  Sexual Health
Pregnancy          Bullying
Bereavement / Loss  Family Break Up

How we support:
• Weigh to Go - Weight Management for 12-18 year olds
• Skills & Support for parents (Teen Triple P)
• Counselling
• Seeing the Nurse or the Doctor
• Tailored programme for Multiple Risk - “Know Your Way”
• Youth volunteering opportunities for 16+
• Advice line 8am-4pm (Mon–Fri)

For further information or to refer call:
0141 451 2727

venues overleaf

* Except when there are safety concerns.
Drumchapel
Health Centre
80-90 Kinfauns Drive
Glasgow G15 7TS
Tuesdays 6:00–8:30pm

Possilpark
Health & Care Centre
99 Saracen Street
Glasgow G22 5AP
Wednesdays 6:30–9:00pm

Maryhill
Health & Care Centre
51 Gairbraid Avenue
Glasgow G20 8FB
Thursdays 6:30–9:00pm

New Gorbals
Health & Care Centre
2 Sandiefield Road
Glasgow G5 9AB
Thursdays 6:30–9:00pm

Shettleston
Health Centre
420 Old Shettleston Road
Glasgow G32 7JZ
Wednesdays 6:30–9:00pm